

ARK WinGS Gym
www.arkgym.com
4623 Camp Coleman Road
Trussville, AL 35173



(205) 655-4333

ARK Gym Rec Cheer League 2020 Handbook

Mission: ARK WinGS, where friends become family, strive to provide contagious greatness through gymnastics, tumbling, and cheer as Winner's in God's Spirit.

This handbook is intended to provide you with all the information for the ARK Gym Rec Cheer League 2020 season. Please read over the policies, practice information, and financial commitment to ensure that you and your athlete know what is expected for the September to December season.

ARK WinGS Gym: Administrative Staff Contact Information

Tiffanie & Will Reed	Owner	tiffaniereed@arkgym.com
Skylar Page	Business Director	skylarpage@arkgym.com
Kelsie Finney	Business Director	kelsiefinney@arkgym.com
Ranika Duncan	Team Director	ranikaduncan@arkgym.com

ARK WinGS Gym: Website & Social Media

Website: www.arkgym.com

Instagram: arkwingsgym

Facebook: facebook.com/ark-wings-gym

In signing your handbook, you are giving ARK WinGS Gym the right to post pictures of your athlete on our website and social media accounts for promotion purposes.



Rules & Policies

1. All team practices will start promptly at their set times and parents will need to pick up right at the end of practice. Athletes will not be allowed to stay to watch the other teams practices.
2. If your athlete has to miss a practice, please contact your coach and let them know that your child will not be at practice that day.
3. There are NO MAKEUPS for missed practices.
4. There will be NO REFUNDS given for missed practices.
5. Your athlete must wear t-shirt/tank and shorts/leggings and **white cheer shoes** for each practice. Hair must be pulled back out of their face.
6. Athletes may only bring in a drawstring bag to hold a water bottle, hand sanitizer, and face mask. They will be required to wear their face mask upon entering and when exiting the gym. Each athlete will be given their own bucket to put their drawstring bag in during practice.
7. Parents will be given access to SPOT TV to watch practices. There is no in-gym parent viewing under COVID guidelines at this time.
8. Monthly tuition fees will be posted to your athlete's account on the 25th of the month and will be drafted from your card on file on the 1st of the month. (Ex: September tuition posts to your account on August 25th and drafted on September 1st)
9. The uniform fee will be posted to your account on September 1st and will be drafted from your account on September 8th.
10. There will NOT be practices held on the following dates:
 - a. Saturday, September 5th, 2020
 - b. Sunday, September 6th, 2020
 - c. Saturday, October 31st, 2020
 - d. Sunday, November 1st, 2020
 - e. Saturday, November 28th, 2020
 - f. Sunday, November 29th, 2020

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Practice Schedule

Athlete's will practice once per week for 1 hour and will have a tumbling class once a week.

<u>Team:</u>	<u>Practice Day/Time:</u>	<u>Tumbling Day/Time:</u>
Red (Kindergarten)	Saturday 9:00am-10:00am	Pick a class
Orange (1st grade)	Saturday 9:00am-10:00am	Pick a class
Yellow (2nd grade)	Sunday 2:00pm-3:00pm	Pick a class
Green (3rd grade)	Sunday 2:00pm-3:00pm	Pick a class
Blue (4th grade)	Sunday 3:15pm-4:15pm	Pick a class
Purple (5th&6th grade)	Sunday 3:15pm-4:15pm	Pick a class

Team Uniform Sizing

Rec Cheer Teams Uniform Sizing will be held on
Saturday, August 15th, 2020 at 9:00am

Choreography Camp

Rec Cheer Teams Choreography Camp will be held on
Wednesday, September 9th and Friday, September 11th

End of Season Performance

Cheerleaders will perform in an end of the season showcase in December to show their routines and skills they have been working on.

Performance Date: December 19th, 2020

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Financial Obligations

Monthly Payments:

September 1st	\$85
October 1st	\$85
November 1st	\$85
December 1st	\$63.75 (prorated for 3 weeks in December)

Season Total:	\$318.75
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Additional Fees:

Annual Registration Fee	\$35
Uniform Fee (include practice, tank, short, performance top, a team color bow)	\$100

****Uniform Fee due by September 8th, 2020****

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2020 ARK Gym Rec Cheer League Information Sheet
(please print)

Cheerleader Name:

Date of Birth:

Address:

City:

State:

Zip:

Cheerleader School:

'20-'21 Grade:

Parent/Guardian Name:

Cell:

Home:

Email:

Other/Emergency Contacts:

Allergies/Medications:

Shirt Size:

Shorts Size:

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2020 ARK Gym Rec Cheer League Terms and Conditions Agreement

As the parent/guardian, I acknowledge and accept all information provided in this handbook. I have read and accept all the rules and policies of the ARK Gym Rec Cheer League. I understand the commitment of attending practices, choreography camp, and end of the season performance to be a part of the rec league cheer team.

I have read and understand the financial obligations of tuition payments and additional fees that I am responsible for in the 2020 season. I understand that it is my responsibility to follow through with all payments during the season. I understand that payments will be drafted from the card on file each month on the 1st, unless paid beforehand. I also understand that if my athlete quits or is released from ARK Gym Rec Cheer League, at any point throughout the season, I will continue to be financially responsible for fees for the remainder of the season.

*ARK WinGS brand and logo is a trademark. Please do not duplicate this logo for personal use or sale.

Athlete Name: _____

Parent/Guardian Name: _____

Parent/Guardian Signature: _____

Date: _____

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This signed form **MUST** be turned in by August 15th to keep your athlete's spot on their cheer rec team. If not turned in, the athlete will be dropped from their team and waitlisted athletes will be called to take the spot.