



ARK WinGS Gym
4623 Camp Coleman Road
Trussville, AL 35173
(205) 655-4333

IARK WinGS Gym

Frequently Asked Questions

1. What is the difference between Gymnastics and Tumbling classes?

- **Recreational Gymnastics** classes are structured for athletes to learn skills on the Floor Exercise, Balance Beam, Uneven Bars, and Vault. Recreational Gymnastics classes are based on a Medal system: Bronze Ravens (Beginner Gymnastics), Silver Ravens (Intermediate Gymnastics), Gold Ravens (Advanced Gymnastics). There is a list of skills that are required on each event to move up to the next level.
- **Tumbling classes** consist of floor only tumbling. Tumbling is structured on a Level system: Intro 1 – Level 4/5. Classes have specific skills for each level that must be mastered before moving up to the next level.

2. What is the difference in Preschool Classes?

- **Little Anchors (Buddy and Me)** – Ages 10 months – 2.9 years old, Parent-assisted class
- **Jumping Fish** – Ages 3-4, MUST be Potty Trained, Gymnastics class that teaches basic skills on bars, beam, floor, vault, and tumbl trak.
- **Baby Ninjas** – Ages walking-3 years, BOYS ONLY, Class consists of age appropriate obstacle courses, coordination & balance skills
- **Lil' Ninjas** – Ages 3-5, BOYS ONLY, MUST be Potty Trained, Class consists of age appropriate obstacle courses, coordination & balance skills, and ninja specific skills.
- Preschool athletes must be in class that is designated for their age due to developmental learning and social skills taught at the specific levels. Once they turn 5, they can move up to the “big gym” for classes in gymnastics, tumbling, cheer, or ninjas.

3. How do I enroll for a class?

- Visit www.arkgym.com and click on either Preschool, Rec Gymnastics, Tumbling, Cheer, or Boys Classes tab to see the classes that are available to register for



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- Next to the class that you want to enroll for, there is a blue [Register](#) button
- Click on the Register button to take you to the registration page to enroll
- Existing customers can register through their parent portal

4. How do I know if the class has available spots to register in?

- Our website is live, which means it has the up-to-date number of openings in a class. If you see a blue [Waitlist](#) button next to the class, that means the class is currently full and you can register to be on the waitlist.
- Example: Under Tumbling

Class	Day	Time	Ages	Openings	Instructor	Tuition
Tumbling – Intro 1	Mon	6:00-6:55pm	5-11	4	Kara	57.00

5. What do I do if I am on a waitlist for a class?

- When you register for the waitlist for a class, you're waiting for a spot to become available in the class. Openings become available if someone transfers out of the class, moves up levels, drops the class, or ages out of a class.
- If a spot becomes available on the waitlist you have chosen, we will call you to see if you want that spot in the class. You have 24 hours to respond to us before we move on to the next person on the list.
- If we OPEN a New Class, we will call the waitlist to offer spots to you BEFORE we open it on the website to everyone. You must respond within 24 hours if you want a spot.

6. How does the Registration Fee and Monthly Tuition work?

- A yearly registration fee is charged when you enroll for classes at ARK WinGS Gym. The registration fee is your insurance for your child to be on the floor and equipment in the gym. Registration Fee is renewed in June (or when you register) and is good through the next May. This means that you can register for classes, clinics, camps at any time throughout the year, switch classes, or take a break and come back to class within the year and not have to pay for the registration fee again. Example:



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Registration fee is charged June 1st, 2020 and is good through the end of May 2021.

- Monthly Tuition is drafted on the 1st of the month every month. Your child's tuition will be posted on your account on the 25th of the month before, so you are able to pay before the 1st of the month if inclined. Tuition is auto drafted from the card on file each month on the 1st of the month. If you would like to pay another way (cash, check, another card), you must pay **BEFORE** the 1st of the month or your card on file will be charged.
- **Athletes with a balance on their account will not be able to participate in classes until the balance is cleared.**

7. How does my child move up to the next level in Gymnastics or Tumbling?

- Your child must have all the skills in their current level mastered for 3 weeks in a row
- On the 3rd week of consistently having the skills, the instructor will notify the Gymnastics or Tumbling Director and she will come evaluate your child at the end of their class
- If your child passes the evaluation, they will receive a Move Up Certificate and get their picture in front of our Wings Wall.
- Then you will see or call Skylar or Kelsie, ARK Gym Business Directors, at the front desk to switch their class to the next level

8. What is the drop policy for classes?

- If you would like to drop your class, you **MUST** send an EMAIL notice to skylarpage@arkgym.com by the 1st of the month to be dropped at the end of that same month
- If you send your notice on the 2nd of the month or after, you will be dropped at the end of the next month and charged for the next month as well.
- Example: To drop my class at the end of September, my email must be sent to skylarpage@arkgym.com by September 1st. My card will be charged for September.
- Example: If my email is sent to skylarpage@arkgym.com on September 2nd – October 1st, then my athlete will be dropped from his or her class at



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the end of October and my card will be charged for September and October.

9. What do I do if my child misses a class?

- If your child misses a class due to illness, a school event, vacation, or bad weather, you can register him/her for a Make Up Class
- Make Up Classes are scheduled for the 1st Saturday of the next month (Example: if you missed your class anytime in September, your make up class would be on the 1st Saturday in October)
- You can make up to 2 classes for the month
- Athletes may not come to a different class during the week, you must register for a scheduled Make Up Class
- Register for a Make Up Class under your parent portal

10. What does my child wear to classes?

- If your child is in a gymnastics class, they can wear a leotard or tighter fitting shirt/shorts or leggings. No shoes for class. Hair pulled back out of face.
- If your child is in a tumbling or cheer class, they can wear shirt and shorts/leggings with tennis shoes. Hair pulled back out of face.
- If your child is in a Ninja or Boys Tumbling class, they can wear shirt and shorts/pants. No shoes for class. Ninja apparel can be purchased separate if you would like through the ninjazone website, www.theninjazone.store. Ninja leveling headbands will be provided by ARK Gym when they move up.
- Apparel for all levels of classes MUST NOT be baggy on athletes, so nothing gets caught in equipment.

11. How do I watch my child in classes?

- Per covid-19 guidelines in athletic facilities with capacity restrictions, parents/guardians will not be permitted into the facility to watch classes at this time.
- Parents/guardians will download our video app, Spot TV, to watch from their phones/computers.



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- Spot TV can be downloaded from your Appstore. Once you download the app, you will create a login for yourself with a pin number. After you submit your information, ARK Admin Staff will approve your request and you will be able to login to watch the cameras for your child's class.
- **VERY IMPORTANT:** Do NOT screenshot or video while using the APP, it will kick you out of your account for 24 hours and we have no control to let you back into the app during that period.