

# 2022 Iron Sharpens Iron

## Meet Schedule

Nov 4-6, 2022

Friday, November 4, 2022	Session: 1	Stretch 4:00 PM	W/U Compete 4:30 PM
Level 3	# Gymnasts 32	Intro 4:20 PM	Awards 5:55 PM
Gym	Level	# Gymnasts	

ARK WinGS	3	7
Ingrid's Bham Elite	3	8
JAMJEV	3	9
Trussville	3	8

Friday, November 4, 2022	Session: 2	Stretch 6:25 PM	W/U Compete 6:55 PM
Level 4 And 5	# Gymnasts 36	Intro 6:45 PM	Awards 8:45 PM
Gym	Level	# Gymnasts	

Opelika Power Ath	4	5
Opelika Power Ath	5	2
Southern States	4	11
Southern States	5	1
Trussville	4	6
Trussville	5	3
Tumbling Tides	4	2
Tumbling Tides	5	2
Vision	5	4

Saturday, November 5, 2022	Session: 3	Stretch 8:00 AM	W/U Compete 8:30 AM
Level 2	# Gymnasts 71	Intro 8:20 AM	Awards 10:45 AM
Gym	Level	# Gymnasts	

ARK WinGS	2	18
Ingrid's Bham Elite	2	9
Southern States	2	17
Vision	2	13
Zee's Gymnastics	2	14

Saturday, November 5, 2022	Session: 4	Stretch 11:15 AM	W/U Compete 11:45 AM
Level 3	# Gymnasts 40	Intro 11:35 AM	Awards 1:40 PM
Gym	Level	# Gymnasts	

Opelika Power Ath	3	6
Southern States	3	11
Vision	3	12
Zee's Gymnastics	3	11

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Saturday, November 5, 2022	Session: 5	Stretch 2:10 PM	W/U Compete 2:40 PM
Xcel Bronze/Silver	# Gymnasts 46	Intro 2:30 PM	Awards 3:40 PM

Gym	Level	# Gymnasts
ARK WinGS	XB	9
ARK WinGS	XS	7
Greenville	XB	6
Greenville	XS	2
Ingrid's Bham Elite	XS	5
Tumbling Tides	XS	9
Zee's Gymnastics	XB	5
Zee's Gymnastics	XS	3

Saturday, November 5, 2022	Session: 6	Stretch 4:10 PM	W/U Compete 4:40 PM
Level 6-8/XG//XP	# Gymnasts 27	Intro 4:30 PM	Awards 6:45 PM

Gym	Level	# Gymnasts
ARK WinGS	6	2
ARK WinGS	8	1
Greenville	XG	3
Ingrid's Bham Elite	6	8
Ingrid's Bham Elite	7	2
Ingrid's Bham Elite	XG	1
Ingrid's Bham Elite	XP	4
Opelika Power Ath	6	1
Opelika Power Ath	7	1
Tumbling Tides	7	1
Tumbling Tides	XG	3

Sunday, November 6, 2022	Session: 7	Stretch 2:00 PM	W/U Compete 2:30 PM
Level 1	# Gymnasts 60	Intro 2:20 PM	Awards 4:30 PM

Gym	Level	# Gymnasts
ARK WinGS	1	23
Ingrid's Bham Elite	1	13
Southern States	1	14
Zee's Gymnastics	1	10

Sunday, November 6, 2022	Session: 8	Stretch 5:00 PM	W/U Compete 5:30 PM
Level 4	# Gymnasts 41	Intro 5:20 PM	Awards 8:00 PM

Gym	Level	# Gymnasts
ARK WinGS	4	12
JAMJEV	4	9
Vision	4	9
Zee's Gymnastics	4	11